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pressure situations and to
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There are also clear
psychological challenges
involved in home working,
with these likely to be
exacerbated during periods
of extended isolation.

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*Psychological Challenges Of
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According to Wilson (1998),
Psychologists are faced with
the challenge of
understanding and treating
various psychological
disorders like depression,

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hysteria and many others, because studying these psychological issues is extremely complex. The study of psychology aims at predicting and understanding the causes of differences in human behaviour.

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*Chapter 7 - Summary
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A major goal of psychology is to predict behavior by understanding its causes. Making predictions is difficult in part because people vary and respond differently in different

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situations. Individual differences are the variations among people on physical or psychological dimensions.

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Researchers working in the field of psychology face many challenges. Lack of objective measurement: One of the biggest challenges faces by researchers is lack of objective data. There is

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no objective way to measure our moods and emotions. You can only get a subjective measurement from the test subject via survey.

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Taking on such challenges is an important part of growing and developing as a person.

... Stephen Joseph, Ph.D., is a professor of psychology, health, and social care at the University of ...

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psychological principles to
aid readers in meeting the
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explore applications of
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principles in meeting life
challenges such as managing
time, developing self-
identity, building and
maintaining relationships,
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European legacies for
cultural psychology as
developed by leading figures
such as Giambattista Vico,
Wilhelm Wundt, Wilhelm
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in order to provide insights

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into a long tradition of thinking from a cultural psychology perspective. The book discusses historical pathways in the rise and repression of cultural psychology and its different historical forms, arguing

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for the necessity of
decolonizing psychology,
securing a place for culture
in it, and developing an
epistemology suited to
humankind's meaning-making
processes in mutual shaping
of psyche and culture. It

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inequality and health, since both are concerned with the way an individual's social setting and the systems with which they interact affect their problems and the solutions they devise. Part 1 sets the scene by locating

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community psychology in its
historical and contemporary
context. In Part 2,
disempowered groups and
their physical and mental
health are considered.
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application of community

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psychology is discussed, and the ways in which marginalised people can be helped by strengthening their communities highlighted.

Explores the ethical issues

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and praxes, which arise in
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